

Cress Head Gardening Activity



This Cress Heads activity is a superb way to introduce kids to gardening. One of the best bits is that children can see the day-to-day progress of their plants – and cress is quick to grow, which will appeal to short attention spans!

For kids who love the great outdoors, the Smoby Garden Playhouse is ideal! There's plenty of green-fingered fun to be had with this super playhouse! It comes with 15 accessories, including guttering, a water butt, a watering can, a plant trellis to hang and care for plants, and a detachable worktop.

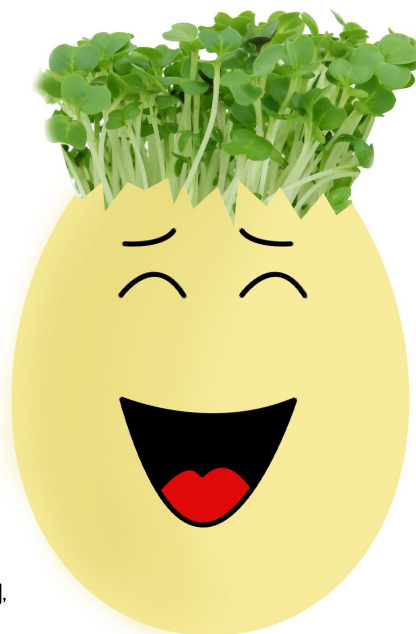
What you need:

- Eggs
- Pens
- Glue & decorative items (e.g. googly eyes; small pom poms)
- Cotton Wool
- Kitchen Roll
- Cress Seeds
- Water

Step-by-Step Guide:

Remember to ask a grown-up for help!

- Crack your eggs! Using a blunt knife take off the top third of the shell only. Putting the eggs to one, wash out your egg shells and leave to dry.
- Once dry, they're ready to be decorated! Faces can look very cute as the cress looks like green hair!
- Then, pop your decorated egg shells into egg cups or stand them in an egg box to dry.
- Put some wet kitchen roll in the bottom of each shell and put some damp cotton wool on top of that. Leave a 3cm gap between the cotton wool and the top of the eggshell.
- Evenly spread some cress seeds on top of the cotton wool and press them down gently.
- Put the pot in a warm place that gets some sunlight, like a windowsill.
- Remember to spray the seeds with a little water every day, to keep the cotton wool moist.
- Watch the cress grow! This should happen after about 7 days.



Eggcellent idea!

Don't waste the eggs!
You could spend the rest
of the day baking some
yummy cupcakes!

Smoby Learning Tip

Gardening is a great for children to practice their motor skills. It's also brilliant for promoting nurturing and responsibility. Plus, seeing the fruits of their labour will help kids become more self-confident and independent!